

Go local Region

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Produce available at Bendigo Wholefoods

Hot Day – Go Chill out with a

1. Hepburn Springs Still, Sparkling and Flavoured Mineral Waters.
2. Macedon Natural Spring Waters from Tylden
3. Harcourt Apple Juice – great chilled in summer, nice frozen in a cup - dig out with spoon.

Fridge and Delicious Deli....

4. Demeter certified Biodynamic Milk from Petersons farm Nathalia
5. Pura Organic Milk – produced by Pauls, includes local milk farmers
6. Semi dried oven- roasted tomatoes from Ellis' farm in Colbinabbin.
7. Istra Smallgoods from Musk - chorizo, salami, bacon, kabana, Free range Christmas hams, no nitrates, gluten free.
8. Holy Goats Cheese from Sutton Grange. Yum! Great with Redbeards bread, B+B Basil and Colbo Tomatoes
9. Goldfields Farmhouse Cheeses from Ballarat – includes Warrenheip White, Lasseters Reef and Marinated Fetta.
10. Tuki Trout Farm smoked lamb sausage, whole trout and pate
11. Castlemaine Dips – great range of dips, including gluten free and dairy free
12. Newstead Bullboar sausages – great for BBQ and antipasto
13. Meredith Sheep and Goats Cheese – great ready to go packs at a reasonable price
14. Tatura Butter – supporting local dairy farmers
15. Let's Get Saucy – Locally made take home meals – chicken, leek and mushroom, French lamb navarin, beef and red wine casserole, chicken satay, thai chicken curry and beef bolognese.
16. Glenloth Free Range Chicken – Corn fed, Winner of Gourmet Traveller Award. Try Portuguese cut with Piri Piri Spice
17. Organic Beef and Lamb from Sobey's farm in Lockington and Locky Butchers. Organic mince great for young kids.

Picnic, Party, Fun, Fancy Perky stuff...

18. Redbeard - fantastic organic sourdough breads baked in a wood-fired oven in Trentham using local Lauke flour from Bridgewater Mill and Powlett Hill from Clunes.
19. Coffee Basics – quirky roasting company with strong family history in coffee from Castlemaine. Nic Hot Choc also!
20. Grata Coffee - Bendigo's own fair-trade and organic coffee, includes East Timor Maubisse Coffee
21. Salute Olivia - fantastic range of hamper pack olives and really nice olive oil. Organically grown.
22. Olive Branch Preserves Taradale – humungous range including kowabunga kasoundi, awesome jams and chutneys. Fresh Quince paste sometimes in Fridge.
23. Chai Tea – Fluffy, Chilli and Pepper Chai made in Castlemaine. In liquid form or dry pack.
24. Bio dynamic Yalla-y-poorra Olive Oil from Newbridge
25. Organic Breakfast Jams from Dalhousie Foods Heathcote

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26. Lets Get Saucy from Eaglehawk – includes Dukkha, Raspberry and Orange Balsamic vinegars, beetroot relish and onion marmalade
27. Mt Zero Dukkha, Olive Tapenade, wild olives, Organic Beetroot Relish, Dukkha, Falafel mix, chickpeas and lentils
28. Pyramid Salt and Murray River Sea Salt – gourmet and everyday. Great sprinkled in olive oil with bread.
29. Southern Light Herbs – range of locally grown organic herbs and specialty teas from Maldon.
30. Castlemaine Honey – Bulk from Farmer
31. Bendigo Gold Honey – this brand and range supports 13 local producers
32. Welshman's Reef Verjuice – zingy, tingling touch to a salad dressing
33. Zigys Fine Foods – Verjuice – St Arnaud
34. Wildings Essential Pantry Lines from Woodend – Dressings, jams, aromatic rice, dukkah dips, honeycomb with real local honey
35. Emelias of Kyneton – Really lovely homemade quality sauces, marinades and preserves – gluten free, non gmo
36. CVOG – Central Victorian Olive Groves infused olive oils includes – Lemon Myrtle, Garlic, Lemon and Mandarin
37. Hakubaku Noodles – Ballarat – No 1 in Japan

Fruit, Veg and Local Growers...

38. Streamside Organic Mushrooms from Lockwood
39. Maxted's Walnuts from Durham Ox
40. B+B Basil Bendigo – large range of Fresh Herbs
41. Peppergreen Farm – local community farm supplying a range of fresh seasonal produce
42. Gravel Hill Gardens – local community farm supplying a range of fresh herbs and produce
43. Maiden Gully Market Gardens – broccoli, cauliflower, onions – seasonal - sometimes
44. Sedgwick Hazelnuts – small family farm
45. Turkish Figs from Dunnes Farm Dunolly – sundried, natural, seasonal supply only
46. Chaplins Orchard Apples and Pears from Harcourt
47. Homegrown Garden supplies including herbs, apples, lemons, oranges,
48. Gourmet Greens Echuca – Lettuces - sometimes
49. Canowindra Orchard and Cherry Farm Harcourt - seasonal
50. Ghecko Woods Organic Garlic Echuca - seasonal

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Confectionary, Desserty and Snacky...

51. Echidna Ridge naturally dried pear and apple from Harcourt – at the front door!
52. Springhill Farm gourmet and gluten free slices from Ballarat.
53. Pud For all Seasons – Locally made, Traditional plum, Double choc and orange, Date and butterscotch puddings from Castlemaine. Now includes pud balls and pud pebbles.
54. Micheles of Castlemaine biscuits- pistachio and white Belgian choc, triple chocolate, ginger and almond, sticky date and pecan and a gluten free range.
55. Concept Cuisine - biscuits made in Strathfieldsaye include Nic's favourite cheese biscuits.
56. Castlemaine Rock – Legendary Lolly
57. Golly Gully Lolly Gobble Castlemaine – includes large range of natural jellies (false teeth friendly) and lollies, peanut brittle, gluten free

Grocery and Bulkfoods...

58. Lauke Flour Bridgewater – Great Range of Organic and Conventional Flour
59. Powlett Hill – Stone Ground Organic Flour from Clunes, Also have some fantastic Spelt Pasta
60. Sunningdales Flaxseed and Oils – from Tarnagulla, includes linseed used in our home -made LSA.
61. Hartland Eucalyptus Oil – great for homemade cleaning products and just to sniff
62. Stoney Creek from Talbot Flaxseed Oil
63. Zigi's Fine Foods – Verjuice made from the pure unfermented grapes of Kara Kara Estate in St Arnaud

Personal Care...

64. Xanna Soap – great range of natural soaps for sensitive skin. Including Goats Milk soap
65. Elmore Oil – legendary therapeutic qualities
66. Bridgewater Lip Balm – made at a local olive producing farm
67. Skin Torque Central Victoria – Skin Balm for sensitive skin and skin maintenance
68. Gift Cards made by Matilda from Bendigo – Photos from her backyard - on the counter

Plant Nursery...

69. Purfills – 3rd generation wholesale nursery growing a great range of herbs and vegetable seedlings

Bendigo
Wholefoods

Greengrocer ~ Organics ~ Global Foods ~ Wellbeing ~ Nursery ~ Regional Produce

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Please call us or email us with any suggestions of regional suppliers that you think would be suitable at our shop. Thanks...